



Packing List

You have a lot to worry about (you are preparing to climb the highest mountain in Africa, you amazing summit seeker). Instead of worry about what to pack, just grab the items in the list below and you will have everything you need for the trek and your safari.

Kilimanjaro has four climate zones. This means the weather will start tropical at the base, and be freezing on the summit. The best way to remain comfortable is to layer your clothing.

Technical Clothing

- Long Underwear, moisture-wicking fabric
- Underwear, briefs, moisture-wicking fabric
- Sport Bra – women (2)
- Waterproof Jacket, breathable with hood
- Insulated Jacket, synthetic or down
- Soft Jacket, fleece or soft-shell
- Long Sleeve Shirt, light-weight, moisture-wicking fabric (2)
- Short Sleeve Shirt, light-weight, moisture-wicking fabric
- Waterproof Pants, breathable
- Hiking Pants (2)
- Fleece Pants
- Shorts (optional)
- Brimmed Hat, for sun protection
- Knit Hat
- Balaclava (optional)
- Bandana (optional)
- Gloves, warm, waterproof recommended
- Gloves, thin
- Hiking Boots, warm and waterproof
- Gym Shoes, to wear at camp
- Socks, wool or synthetic (3)
- Sock Liners, tight, thin, synthetic, worn under socks to prevent blisters (optional) (3)
- Gaiters, waterproof (optional)

Equipment

- Sunglasses or Goggles
- Backpack Cover, waterproof (optional)
- Water Bottle (Nalgene, 32 oz.)
- Water Bladder (Camelbak type, 3 liters)
- Towel, lightweight, quick-dry (optional)
- Pee Bottle, to avoid leaving tent at night (optional)
- Stuff Sacks, Dry Bags or Plastic Bags, various sizes, to keep gear dry and separate
- Sleeping Bag, warm, four seasons

- Trekking Poles, collapsible
- Head lamp, with extra batteries
- Duffel bag, 50-90L capacity, for porters to carry your equipment
- Daypack, 30-35L capacity, for you to carry your personal gear

Additional

- Toiletries
- Prescriptions
- Sunscreen
- Lip Balm
- Insect Repellent, containing DEET
- First Aid Kit
- Hand Sanitizer
- Toilet Paper
- Wet Wipes
- Snacks, light-weight, high calorie, high energy
- Electrolytes, powder or tablets (optional)
- Camera, with extra batteries (optional)
- USD to tip guides and porters

Safari

- Camera
- Sun hat
- Binoculars (optional)
- Khaki or muted color clothing (no bright colors)
- Extra storage for pictures (you will take more pictures than you think)
- Extra batteries
- Shoes for walking (hiking boots or tennis shoes)

Documents

- Trip Receipt
- Passport
- Visa (available at JRO)
- Immunization Papers
- Insurance Documents